You don't get fat on semen, Dr. Hip says

By Jon Funabiki

A medicine man wheeled his wagon on to campus Tuesday afternoon but he offered no miracle-making tonics for sale.

Instead, Dr. Eugene Schoenfeld—the HIP doctor—volunteered his frank advice on sex, drugs and other medical problems to about 300 students in the Main Auditorium.

Dr. Schoenfeld is the author of the popular medical column written under the pen name "Dr. HIPocrates". The column reappeared on Feb. 13 in the Berkeley Barb after a long absence. It is also syndicated to 16 other U.S. and foreign underground newspapers.

The Dr. HIP column appeared in the San Francisco Sunday Punch section for six months until Feb. 1 when Dr. Schoenfeld withdrew it.

Fields Questions

The lecture followed the format of his Dr. HIP column. Appearing in a maroon turtleneck sweater partially covered by a brown suede coat, Dr. HIP humorously fielded questions dealing with sex and seriously discussed marijuana, LSD and a new drug, THC.

Many of the problems discussed had already been answered in his medical advice column and presumably also in his new book, "Dear Doctor HIPocrates—Advice Your Family Doctor Never Gave You."

Answering a girl's inquiry whether semen was fattening, Dr. HIP carefully calculated the caloric content of an average ejaculation, and decided there would be a "net caloric loss"for both the girl and her partner.

Mongolian Ring

Dr. HIP later displayed a "Philips Mongolian Ring," a sexual device sent to him by a reader.

The ring when wrapped around the base of the penis is supposed to provide the wearer with a permanent erection—just the thing for a marathon orgy according to the doctor.

Dr. HIP said the device was "potentially dangerous."

Switching continuously from sex to drugs, Dr. HIP said there were "no completely safe drugs.

"Even common aspirin has killed many children and babies," said the dark complexioned doctor.

LSD Warning

Dr. HIP warned against the use of black market LSD which might be contaminated. He said he would not inject LSD which might be "unclean" into his veins with a "dirty needle" like many people now do.

"It's another kind of craziness," he said.

He called LSD "a useful drug," but stressed that it should be used under the supervision of a physician, "not by some like you would find wandering the streets in the Haight."

"Marijuana is less harmful than alcohol but, nevertheless, some people flip out on it," said the 34-year-old doctor. He added that marijuana does not cause brain damage.

If grass is legalized, Dr. HIP foresees places like the Haight-Ashbury becoming the scene for "skid-row pot-heads."

Speaking about THC, he said some users believe the new drug is better than LSD. "If anyone is selling it, it probably is not RHC but an animal tranquilizer," the doctor advised.

A KQED television crew videotaped the lecture for future broadcast. Time and date for the program has not yet been released.

Dr. Eugene Schoenfeld

Controversy '70

Dr. HIP currently works on a part time basis at Cowell Hospital at UC Berkeley. He became interested in public health while working with Dr. Albert Schweitzer at Lambarene Hospital in Africa.

The Dr. HIPocrates lecture was arranged by the Associated Students as part of the "Controversy '70" series. Other speakers tentatively scheduled are Karl Hess, Dick Gregory, Charles Evers and Tom Hayden.

PHOENIX

Vol. 5 No. 2 | *San Francisco State College* | *Thursday, the Nineteenth Day of February, MCMLXX* | *Ten Pages*

Students organize against EOP cuts

By Art Beeghly

A staff member of SF State's Educational Opportunity Program has co-founded a pressure group opposing Gov. Ronald Reagan's decision to cut EOP funding.

Walter Edwards, an EOP tutorial-coordinator here, hopes his EOP Mobilization Committee can overturn Reagan's decision to veto a $1.6 million item from the chancellor's budget. The funds would allow 1,600 new students to enter the state college system under the EOP program next fall. Reagan has approved $2.8 million for EOP—an increase of $500,000 over this year. But this money is only for students already in the program.

EOP allows "disadvantaged" students who would usually not qualify for state colleges to receive two years of special classes and tutoring.

The number of EOP students who could enroll in California state colleges next semester now depends on:

*the state legislature; it could vote more money for EOP than Reagan suggested.

*the chancellor's office; it sets the number of EOP students each state college can admit.

*the state college administrations; if Reagan's veto stands, new EOP students could still be admitted and receive special tutoring and classes. But teaching and staff positions would have to be borrowed from other departments. One administrator at SF State said that possibility is unlikely.

Not Yet Law

The EOP budget is not yet law. Both houses of the legislature will propose funding plans and then a compromise appropriation will be decided upon, probably in late June.

Rudi Nothenberg, former director of the SF State Foundation and now the administrative assistant to Assemblyman Willie Brown (D-SF), said getting more money for EOP will be difficult.

He said the Legislature might vote more money for EOP than Reagan suggested, but the governor could veto any items he found excessive.

"It takes a two-thirds vote by the Legislature to override the governor's veto and that just doesn't happen. Reagan's pretty firmly in control," Nothenberg said.

More EOP Money?

Jack Wilson, the administrative assistant to Assemblyman Don Mulford (R-Piedmont), believes the Assembly Ways and Means Committee may boost EOP's funding. The Ways and Means Committee, of which Mulford is a member, recommends the Assembly's budget.

"The Education subcommittee met in San Francisco about a month ago. It heard testimony from EOP students; their presentations were very impressive. I would not be surprised if Ways and Means and the Legislature give EOP more money," Wilson said.

Walter Evers

Edwards said the EOP Mobilization Committee will ask Brown and Sen. Mervyn Dymally (D-L.A.) to introduce bills into the

(Continued on Back Page)

Belt tightening in new budget

By Larry Neumeier

Gov. Ronald Reagan's proposed budget for 1970-71 means another year of belt tightening for administrators at SF State.

The tentative $314 million state college system budget does not allow for an enrollment increase at SF State next year, and contains no additional funding of the college's EOP program.

However, the budget does provite additional funds at SF State for:

*Improvements in staff and business management

*Twelve new faculty positions for various departments

*A substantial increase in data processing

*Improvements in student services

Glenn Smith, vice-president of administrative and business affairs said last week that current appropriations for these programs at SF State must await final approval by the state legislature.

State colleges fare better in the governor's budget than the University of California.

Reagan recommended a $333 million budget for UC, $41 million less than the university re-

(Continued on Back Page)

HELLO

ITS THURSDAY FEBRUARY 19, 1970.

Mini, maxi and males.

"My God" is what we would say when a girl in a mini skirt would parade by. Now, just as we are getting used to the lovely display of leg, Paris fashion designers tell us the maxi look is in.

My God, what will young men have to look at on boring sunny days. Anne Stefan, assistant copy editor, takes a look at the dropping hem lines. Males, quickly turn to page five.

High, Higher, Highest. It's hard enough just to climb a mountain. But when you have to film a mountain climb, Whew! If you stand the heights, turn to page seven.

High climbing for a film

Hairy problem for student in PE department

By Otto Bos

A freshman has decided to change his major from physical education to anthropology after he discovered a problem with hair—his.

Jerry Restani, 23, sports dark, shoulder-length hair. When he came to SF State from City College this semester, he spoke to his major advisor and found out he'd better cut his hair if he wanted to play sports.

Restani explained he wished to play on an intercollegiate team. "The advisor was very nice, but explained to me that playing on a team with my hairdo was improbable," the soft-spoken Restani said.

A physical education major, in order to graduate, must compete in two intercollegiate sports.

Lualhati, according to Restani, said nothing would stop long-haired students from trying and working out with the teams.

"But, I was told, players represent the school. The coach and the team decided who plays on

Jerry Restani

game day," Restani said. "And, I'd like to play too."

Athletic Director Paul Rundell said there is no policy set by the PE department regarding dress and appearance. "The coach and the team make the decisions in regards to who plays," Rundell said.

Rundell said many long-haired students are actively participating in the intercollegiate program and he knows of no discriminatory measures.

Meanwhile Restani has transferred to anthropology. "They said my hair would interfere with my performance if I played," he said. "I could have worn a headband, don't you think?"

Restani had wanted to be a PE teacher. "But I felt a sense of harassment over my appearance," the disappointed ex-PE student said.

Both Rundell and Lualhati said Restani was taking the matter "perhaps a little too seriously." "We were more than happy to have Restani in our department," Rundell said.

The mustached Restani said he had no complaints against individuals in the department. "Coach Lualhati was very helpful and honest—he wasn't giving me a raw deal," he said.

"But, now that I'm out of there the scene ought to be exposed. There are some other people still in the department under the same pressures and they're counting on me," he added.

PHOENIX

Editorial page

Signed columns on the editorial page do not necessarily represent the position of the paper. Only the editorial is Phoenix policy.

Judge makes mockery of judicial system

It was a farce.

It was an absurdity of the American judicial system.

For over 100 days it was a three ring circus in Chicago's Federal Building, as seven radical leaders faced charges of inciting to riot during the 1968 Democratic convention.

From the comic to the tragic, the Chicago Seven trial has been the strangest case in Americal legal history.

It was a trial in which the action centered more on the judge than the jury; where Allen Ginsberg recited poetry; Phil Ochs sang anti-war songs; and spectators were bodily thrown out of court.

One could not expect the defendants to show much respect for the courtroom. It was their disrespect for the whole American Way of life that brought them to Chicago in the first place.

The Chicago Eight (later seven) had already rejected a legal system which produced a law which seemed to be rigged against their radical activities.

The defendants called the judge "a liar. . .runt. . .hypocrite. . . racist. . .and a disgrace to the Jews."

But still, it was the antics of the judge, Julius Hoffman, that clearly widen the "trust in the system gap."

Judge Hoffman never came close to resembling the fair and impartial judicial system he is supposed to represent.

Hoffman's antics and misuses of judicial power included:

*the gagging and manacling of Bobby Seale when Seale persistently interrupted his trial to demand his right to defend himself. Hoffman later declared a mistrial in Seale's case, and slapped him with an unprecedented four-year sentence for contempt of court.

*the refusal to allow former Attorney General Ramsey Clark to appear as a defense witness on the grounds that anything Clark might say would be irrelevant.

*the judge's revengeful revoking of bail for defendant David Dellinger when Dellinger shouted "bullshit" in the courtroom.

Some legal experts see such actions by Judge Hoffman as reversible errors, mistakes which would give a court of appeals legal grounds for reversing the decision (if the defendants are initially found guilty.)

Civil libertarians had hoped that the trial would test the constitutionality of the so called "Rap Brown amendment" to the 1968 Civil Rights Act under which the seven are being prosecuted.

Legal experts have a number of doubts about the Brown amendment which forbids anyone of crossing state lines with the intent of inciting violence.

The legal critics say the law's definition of intent and incitement is too vague to be legally binding. However, even though this point was not examined during the trial, the American legal system may have found itself a more serious issue: How can anyone put his trust in a legal system which allows a judge to rule, basing his actions on his dislike and mistrust of the defendents?

No threat of contempt of court will quiet these radical leaders, who seem resigned to going to jail anyway. In effect this has made the court helpless, and has humiliated the legal system.

Perhaps, the only result will be the government's future wariness to pursue such quasi-political trials. Or, perhaps new laws will be passed which, like in Bobby Seale's case, could convict a defendant who refused to be tried.

What ever the outcome of the Chicago Seven trial, the real loser is the American judicial system, whose inequalities and limitations have been harshly exposed.

The Crowbar

BY VEDA

Getting a runaround? Trapped by red tape? Stumped on who to ask? Pose your problem here, and let The Crowbar do the prying for you. Leave queries and complaints with Veda or in the Crowbar mailbox, Phoenix office, HLL 207. Names will be withheld on request.

Q. Why can't students buy a semester parking permit for the pits? (D.S., senior)

A. Parking permits have been issued in past years, but the plan was abandoned because of the complaints from unsatisfied customers. Permits were lost or stolen and sometimes used by more than one vehicle.

With the misuse of the permits often the garage was full before all the permit holders had arrived.

"It got to the point where we were issuing 'hunting permits'," said Orrin DeLand, college business manager.

Q. My husband is being transferred to Southern California, but he has convinced his boss to wait until I can transfer to another college. How soon can I do this? (M. Hoschler, junior)

A. It is practically impossible to transfer before the end of the semester; however, now is the time to start planning. All southern state colleges are still accepting applications for fall.

There is an outside chance you may be able to get into a state college operating on the quarter system. (Cal State LA, for example.)

In either case you must go through the entire application procedure at the college you choose, just as if you were a new student. It now costs $20 to apply to a state college.

Q. Where and when do we get our grades from last semester? (B. Cassidy, freshman)

A. The Registrar's office began mailing them out late last week. If you don't receive yours by the end of the week, see the registrar Monday.

Letter to the Phoenix editor

Editor:

I have delayed our proposed expedition to the Chiapas and Petan Forests due to an invitation to cut cane in the giant sugar cane harvest of ten million tons in Cuba. Am here with some 250 American youths and workers, 50 from the Bay Area.

It is not merely the tonnage but the spirit of the Cuban Revolution that has attracted us. That and the outrage of American Despotism. Nixon's clearly enunciated speech of WAR, Nov. 3rd leaves no choice for a revolution.

For "revolution" is indeed a reaction against the hard line conservatives who instigate violence by their exploitive inhuman methods.

To be free is to recognize the lack of freedom. To be cognizant of the rape of "Third World" nations by capitalism. The rape of the disponseel!(sic.)

No, my friends, honour breeds revolutionaries not incandescent studies in a bourgeois college dedicated to perpetuation of the system. The guilty are also the indifferent and the ignorant of your society. They too must stand trial along with the murderers of Song My and Watts. The Southern Legislatures and Rockerfellers (sic.) must face their Nurenberg.

Sincerely,
Roberto Kaffke

PHOENIX
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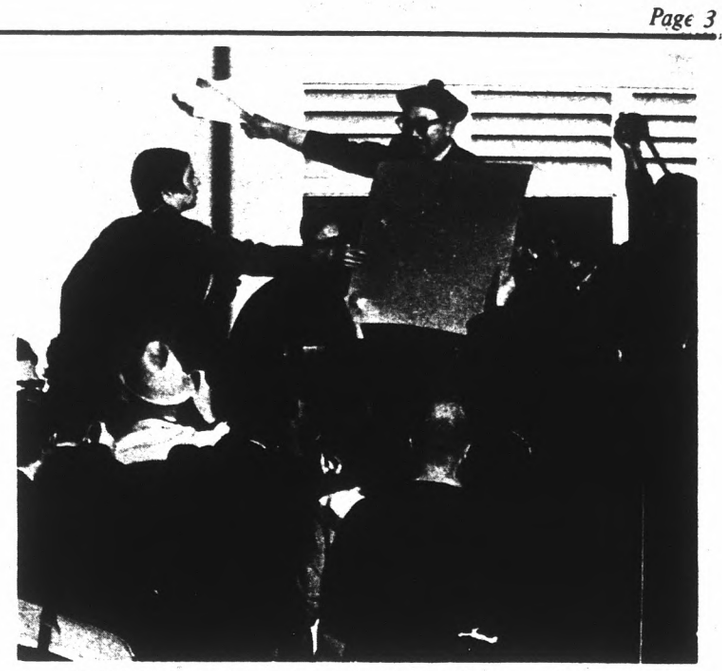
Bang!

Despite the new police order to curb the use of firecrakers, one youngster managed to get a few Bangs! out of last Saturday's Chinese New Year Parade.

Photo by staff photographer Terry Schmitt

Police were called many times to put down disturbances during the strike.

Still more lessons from 1968 strike



Hayakawa pelts students with leaflets – Dec. 1968

By Dale Sprouse

In the fall of 1968, Robert Smith, then president of SF State, was a man in the middle.

Caught between student insistence on the implementation of a list of 15 non-negotiable demands and pressured by both the Board of Trustees and the public to end the growing campus rebellion, Smith realized that as president he wielded an insignificant power.

He resigned from his position to be replaced by S. I. Hayakawa and returned to the School of Education as a professor.

Now, almost a year and a half later, Smith is taking stock of the turbulent strike. In collaboration with Richard Axen, chairman of the department of higher education, and Devere Pentony, former dean of the School of Behavior and Social Science, Smith is writing a book on the SF State strike and the lessons that can be learned from it.

Book Case Study

"The book is sort of a case study through the last year of (John) Summerskill (who Smith succeeded as president) to the settlement of the strike," Smith said.

The book will contain chapters on the presidential tenures of Summerskill, Smith and S. I. Hayakawa, as well as sections on the role of the media in the strike, the use of police on campus, the campus political process, the ethnic studies controversy and a diagnosis of the aftermath of the strike.

Besides offering an analysis of the strike, the book also will offer numerous proposals. For one thing, Smith is upset by the ragtag manner of internal campus government and the outside political interference in campus affairs.

One of the points the book will make consistently is that the ultimate decision making center has to be in the college.

Work Begun in June

Work on the book began last June. The two volumes, tentatively titled "Any means to the end: The San Francisco State Story," should be published in August or September by Jossey-Boss Inc.

What does the title mean?

"It means," said Smith, "that we had many many groups that were able to rise totally above principle."

The trustees, faculty, students and public groups would do anything that was necessary to reach their objectives, he said. "In my own ideology if you think you can use any means to achieve your ends then you're well on your way to totalitarianism," he continued.

Robert Smith

Smith said that one of the problems the authors had was shifting through the spectrum of political opinions, but he said that "certain kinds of things come through as fairly common dimensions."

"One thing that we are certain of is that the kind of polarization within the faculty, that probably always was there in a measure, began crystalizing during the last year of Summerskill's term."

Smith complained of the "sloppy multicameral structure" of campus government. He said that many of the campus groups such as the Associated Students, faculty senate, deans and administrators assume that they are autonomous and behave in a dispersed, unilateral manner.

"This kind of fragmented intrastructure is not worth a damn for decision making in a politically latent conflict. There has to be a careful differentiation of the roles and overlapping roles and functions of their needs to be an integrated governance structure involving students, faculty and administrators and possibly the alumni," he declared.

No Power Center

"The sort of distributed and casual openness is kind of good in a way when things are working well; but when you are in a series of tensions, people ought to know what is presumably the authentic decision making process. One of the problems was that no one was really willing to accept a center for governance of the institution. And that was partly due to the fact that we really hadn't maintained the governance," Smith continued.

Smith said that the authors also are convinced that the campus' relationship with the chancellor and trustees were dysfunctional.

"Up until my resignation we received no identifiable help that was related to the problems we were involved with." Moreover, he said, his administration received additional burdens from the trustees and the chancellor who attempted to direct the decision making process.

One example he cited was the order by Chancellor Glen Dumke to suspend George Murray, a black lecturer in English. That action precipitated the 4½ month strike in the fall of 1968.

"I think there is a question of whether the trustees and the chancellor at the statewide level have any relevance to the solving of the human relations problems on the campus," Smith said.

Smith feels that in a crisis it is important to define a specific focus at which problems can be settled. Early in the strike such a center was not present.

He said that a focus for decision making was achieved after Hayakawa declared a state of emergency and personally assumed the decision making authority.

"The problem is that he (Hayakawa) pre-empted it at the direction of the board of trustees. One of the reasons I resigned was that I wouldn't do it.

"Also it's a 'workable thing' if you've got utter confusion developing in the whole decision making structure. What he (Hayakawa) did was cut himself off from the faculty, the (Academic) Senate and students and dealt pretty much with the police and the press, and the trustees and the governor.

"Well, that's a focus for decision making," he said, "but one I wouldn't want to be caught dead with."

NEXT WEEK: Smith talks about the police and the press.

National college survey

Student voices heard

The riots and demonstrations on the nation's college campuses for the last two years may have produced a positive effect.

A survey by Phoenix and the Associated Press showed several major state universities and land grant colleges moving towards more student say in campus control.

A poll of 113 institutions showed that in many colleges students now are members of faculty senates, evaluation committees, and boards of trustees.

The survey was conducted by the Office of Institutional Research of the National Association of State Universities and Land Grant Colleges.

At Florida State University, the student body president is an ex-officio member of the faculty senate.

Students at the Universities of Massachusetts and Kentucky are members of the boards of trustees.

The University of New Hampshire replaced its dual system of separate student and faculty senates with a single voting body composed equally of faculty and students.

Regents at the University of New Mexico have appointed a special committee on governance which includes students, faculty, administrators and alumni.

Two students at the University of Idaho were appointed to a committee which screens candidates for the position of vice president of academic affairs.

A Larger Role

A special University of California committee, composed of students, faculty and administrators, has recommended to the state legislature that students should have a larger role in campus decision-making.

The UC study group was established by the legislature.

One recommendation by the committee is that chancellors of various UC campuses adopt a program wherein student interns can work in administrative positions.

However, changes in California state colleges may be slow in coming.

State Senator Alfred H. Song (D-Monterey Park) has introduced legislation which would prohibit student voting on the selection or dismissal of state college faculty.

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'British blues only a myth'

Lou de la Torre

By Angela Errigo

Rod Stewart is a 25 year old British rock singer who looks like an effete, emaciated boy and sings like a refined wolf.

Clear and subtle, Stewart's voice is husky without being gutteral or gruff. As it fluctuates with the emotions or ideas of his song his singing rises to a wailing, but soft howl.

Stewart, a former soccer player, is best known for his work of the past two years as the singer for the once promising Jeff Beck Group. The group folded after tour cancellations, coupled with inter-group disagreements, left American fans confused or disappointed.

"That was me and Beck that kept blowing up the gigs. He'd say, 'Ah, let's go home,' and I'd agree with him, or I'd say 'Let's go home' and he'd agree with me," Stewart said.

Beck is now recuperating from a serious car accident and won't be playing for quite a while. But Stewart's career is more promising than ever as the result of one excellent and critically acclaimed album aptly titled "The Rod Stewart Album."

The album features several well respected musicians, among them Ron Wood, former bassist with Jeff Beck; Keith Emerson of the Nice, and Ian McLaughlin of the Small Faces.

Most of the songs on the album were written by Stewart, including the unusual "An Old Raincoat Will Never Let You Down."

It is about Stewart's experiences as an impoverished traveling folk singer who once slept in a graveyard during a rain storm.

He also did the arrangements of the songs, most notably his powerful and impressive treatment of "Street Fighting Man" by Mick Jagger and Keith Richard.

Stewart is working on another album.

In addition to his solo work Stewart, together with Wood, has joined the Small Faces, a successful British group that has revamped its style with personnel changes. Small Faces will perform at the Fillmore West in April or early May.

Truth Best

Stewart says of his recording work with Beck: "The first album was made when we had no money. That's why it was called 'Truth'. We did it in three days. The second one, 'Beck-Ola', was made when we had a lot of money. That took a month and it's not nearly as good, so work that one out. I think the first Beck album was a landmark.

"I don't think I like the second one. When we made the first one we just went in and played what we believed. Beck-Ola was really aimed at the American market. There was a rock and roll revival going on so we did 'Jailhouse Rock' and 'All Shook Up'."

It was Stewart's idea to include the rockers for the Americans' benefit, but he doesn't like the tracks.

Asked for his reaction to American audiences, Stewart said this: they "are marvelous."

"English audiences are blase," he said. They've seen it all before, you know. The Beatles and everybody comes from England. Over here it's great; I'm sure everybody says that."

As for America itself? "I liked it for the first three weeks. It frightened me this last time. It really frightens me, especially that thing in Rolling Stone about Altamont. I don't think it's fair to blame the Stones."

Groupies Good Fun

A subject that usually comes to mind with rock artists is their relationship with groupies. At first Stewart professed, "I don't know much about that. I'm not like that at all."

Finally he commented, "Tours would be a drag without them, especially two month tours. They're really good fun, sweet people. The GTO's (Girls Together Outrageously)–ah, they're marvelous. Such fun."

It is difficult to keep away from the subject of Stewart's association with Beck in an interview.

"Everybody's bitter about him," Stewart said. "Well, except, I'm not really bitter about him because I'm the only one who never got fired. Everybody else got fired. I sent him a Christmas card. I don't know what he's going to do now."

The topic Stewart is most enthusiastic about is his music. On his own songs and choice of material, Stewart explained, "Songs are usually created by two things–either imagination or experience. That one about the raincoat is experience."

Stewart was dismayed at the idea of an American cult for English Blues. "English Blues is definitely a myth. Mayall might be the only one; I don't think there's anybody else. There are no English blues singers," he said.

Does he think white blues is a joke? "Very much so. You've got to leave things like that to B.B. King. B.B. King can do it right, so leave it to him," he answered.

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Film classes victim of budget cuts

Dept. still strong

By Jon Funabiki

Stabbed by the scalpel of a high school physiology student, a cat's tender corpse "yeowls" to life and hightails it out of the lab classroom.

Farfetched? Not to a young cinematographer like Rob Mortarotti, who creates the scene for a five-minute animated color film. "The Tenth Life of a Laboratory Tom" is concerned with the corpse of a tom cat which is not willing to undergo dissection by a careless physiology student, explained Mortarotti, a freshman film major at State. Mortarotti plans to use a cat cadaver for his film instead of cartoon drawings.

The film, to be shot sometime in February or March, will constitute Mortarotti's project for his Animation II class, taught by Associate Professor David Hilberman of the SF State Film Dept.

"The demand for animation is just zooming ahead," said Hilberman, who received his M.A. at UCLA in theatrical arts. He became involved in animation after joining the Walt Disney Studios in 1936.

The SF State Film Department ranks third nationally behind the departments at the University of Southern California and UCLA, but suffers due to an understaffed faculty, according to Hilberman.

"We're one of the underprivileged departments at State," said Hilberman. "We have only half the teachers we need."

The department has six full time and three part time instructors to handle a student enrollment of 170. The popularity of film classes at SF State is astonishing. Last semester, 100 students showed up for Hilberman's animation class–there was room for only 25.

Gate Watchers

As a result of the large registration the faculty has become a "bunch of gate watchers," in order to keep the class enrollments down, Hilberman said. "I don't know what the solution is," confessed Hilberman, who joined the SF State staff three years ago.

This semester the department offers Animation I and II, both taught by Hilberman, to about 50 students. Classes of fifteen students are divided into small five-man seminars so the professor can work with each student individually. In the seminars the students discuss their film ideas.

Mortarotti's "Tenth Life" is just one of fifty animation projects which the gray sideburned Hilberman will oversee during the semester.

Besides lessons in technique and expert coaching by Hilberman, the Film Dept. also provides some equipment for its students. But, each student must finance his own film project. Mortarotti's film is budgeted at over $350.

"Some steal, some peddle marijuana, some work–Blood, Sweat and Tears is your next course," said Hilberman to his students facetiously.

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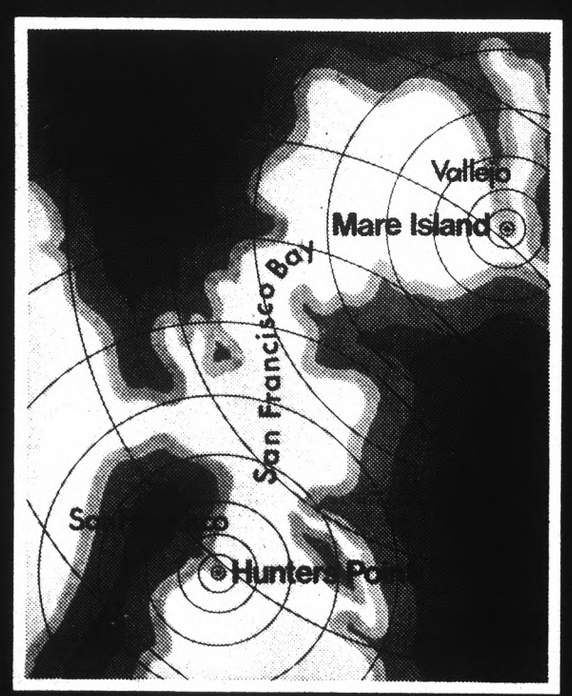

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Look quickly

mini is out

MAXI is in

By Anne Stefan

Girl watching at SF State will take a turn for the worse if the new maxi styles begin to cover up the minis.

However, to the delight of campus males, SF State females have yet to adopt the latest "New Look" from Paris.

The reign of the mini skirt may face stiff challenge unless the maxi craze can be "unbuttoned."

"If the maxi comes in, I'll wear it but I prefer the mini," said Maryann Brickner, a junior in business marketing.

Chris Grundstrom, freshman English major, said that he definitely prefers the mini to the maxi and always will.

"If fashion changes, it won't matter—I don't like long skirts. Below the knee reminds me of another day that we should be trying to get out of," Grundstrom said.

According to Marsha Fox, chief designer for Alvin Duskin, San Francisco clothing manufacturer, "The mini has had it."

Mrs. Fox said she stopped wearing mini skirts two years ago.

"The mini will be worn into next fall but no longer," she said.

In Paris, the "longuette" look (anything below the knee), has already replaced the mini.

"I'm most excited about the midi length which comes three to five inches below the knee," said Mrs. Fox.

The midi is designed to hit the top of boots, so that only a bit of stocking shows.

Mrs. Fox is also excited about the maxi length (full length). She describes the maxi look as "very feminine."

"Everyone is ready for the Now Look."

The Now Look is "in at the waist, then flared off the hip to retain the tight look of pants," said Mrs. Fox.

"Maxis are selling so well that we don't have enough to fulfill the demand," said Mrs. Laura Strahn, a clerk at Joseph Magnin.

"I think some of the younger girls are happier about the new trend than the older ones because they've been through it before."

Leslie Chamberlain, senior English major, is one of the few girls who wears the maxi to school. Miss Chamberlain has three maxi skirts and two maxi dresses.

"I really like the way maxis feel around the ankles," said Miss Chamberlain. "I think it's a very feminine style."

Many campus males think the maxi is "terrible."

I don't mind using a little imagination, but maxis cover too much," said Walt Andrae, a political science graduate student.

"I like looking at a girl's legs. It's one of the first things I look at," Andrae said.

One girl watcher admitted that he likes the maxi length because "it can make an ankle look pretty sexy."

Photos by Kevin Tobin

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Mother Nature never planned on contact lenses

'Easy Riders' wanted

'Easy Rides' needed

For many students, commuting to SF State in the morning involves a routine of waking up late, waiting for buses, transferring, and arriving at school barely on time.

For others, commuting means a large gas bill. These students drive to school with their own cars and need passengers to share expenses.

Up until this semester, students looking for rides and those looking for riders rarely got together. Signs posted on bulletin boards on campus were often covered by other notices or torn down.

Now a "campus commute" board located in front of Ad 177 takes care of these problems.

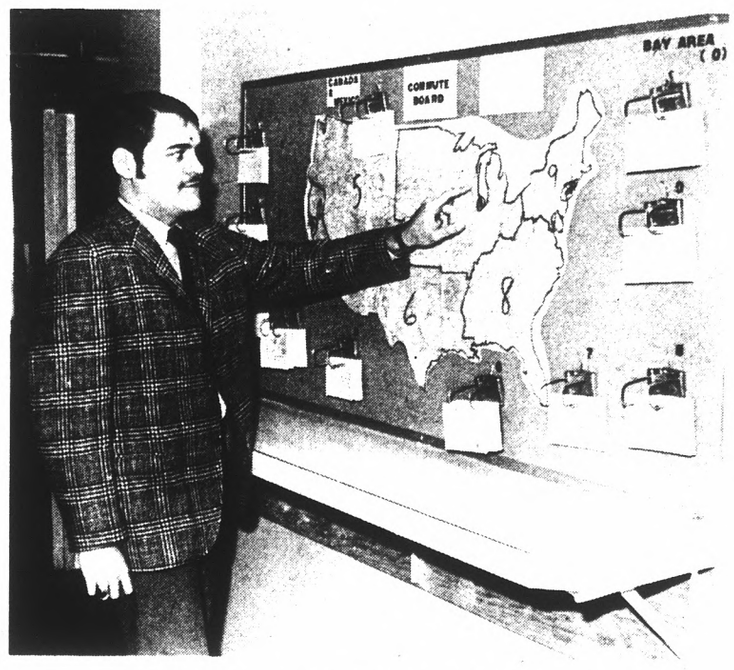
The commute board is a new service sponsored by the Student Activities Office. It serves as a coordinating center for people who need rides or riders to or from school, or even for a cross-country trip.

"I have seen this system work beautifully at schools I attended back East," said John Hansen, Student Activities staff member who originated the commute board.

For cross-country trips a card file has been arranged, corresponding with a map of the United States. The map is sectioned off into ten zones, and ten card files are available. Students can fill out "Ride Wanted" and "Riders Wanted" cards, and put them in the appropriate zones.

Students who need commute transportation from SF State can simply fill out "Ride Wanted" cards, telling the time they need to leave and the location. Students looking for passengers fill out "Riders Wanted" cards.

Ride coordinating is just a phone call away.



John Hansen at commute board

Perspectives

A roundup of national and state news compiled from the Phoenix's press sources.

RIVERSIDE – Chancellor Ivan Hinderaker, in announcing his decision to disband the Black Studies Department at UC Riverside said the department was prematurely created, academically inferior, and had become a propagandistic program for the campus' 140-member Black Students Union.

Last week an SF State AFT spokesman told Riverside students that the union would support them in the fight to reinstate the black studies program.

* * *

LOS ANGELES–The California State College Board of Trustees will meet Feb. 24 and 25 to make recommendations for filling the vacated presidencies at Sacramento State, San Jose State and California State College at Long Beach.

Last month the board met in Sacramento to review the names of 12 candidates submitted by State College Chancellor Glen S. Dumke. No decision was reached.

* * *

SACRAMENTO – More than 100,000 students in the University of California system are trying to raise $25,000 for a campaign to block implementation of tuition fees. The fund will be used to pay for newspaper advertisements in Sacramento, San Francisco, Fresno, Los Angeles.

The Nation

WASHINGTON – The American Council of Education which represents 1,556 colleges, has recommended that no new student deferments be granted to students who start college in the future. Students who currently hold student deferments can keep them until they graduate, the council said.

* * *

BALTIMORE–At Morgan State College, President Martin D. Jenkins announced his resignation charging that the college's education program was deteriorating due to Maryland's fiscal policy.

He said that Morgan State College began to decline after the college came under the control of the state board of trustees in 1967.

* * *

ANNAPOLIS, Md–State Department of Education officials have recommended that the public school systems throughout the state be required to establish black studies programs. If approved, Maryland would become one of only nine states with such a program.

Phoenix gets new newsstands

Readers of the Phoenix will soon have the opportunity to get their papers from a unique bird-house-like newsstand, painted a bright orange with the mythical bird on the side.

Linda Dobel, a graduate art student who is working toward her teaching credential, is responsible for the Phoenix's novel newsstand. Assisted by her fiance, Terry Pearson, an industrial arts graduate student, Miss Dobel designed and constructed a prototype of the 12 newsstands that will be located on campus.

Her design was part of an art class project.

Plow Disc Base

The prototype uses a heavy plow disc for a sturdy wind-proof base, and a wooden housing to shelter the newspapers.

With the exception of the plow disc base the other newsstands will be constructed of sheet metal by industrial art majors, headed by Lothar Koppe, a metal technology instructor. The project has a $40 budget.

However, the volunteer project is at a temporary standstill while Miss Dobel hunts for six more plow discs. The first six were salvaged from beneath a foot of snow at her grandmother's ranch near Reno.

Looking For More

"I hope to go back to the ranch soon and see if I can find six more," she said.

"It is difficult at this time to give a final completion date since we have a shortage of necessary materials," Miss Dobel said, "but we will finish them as soon as possible."

Linda Dobel and a new Phoenix stand

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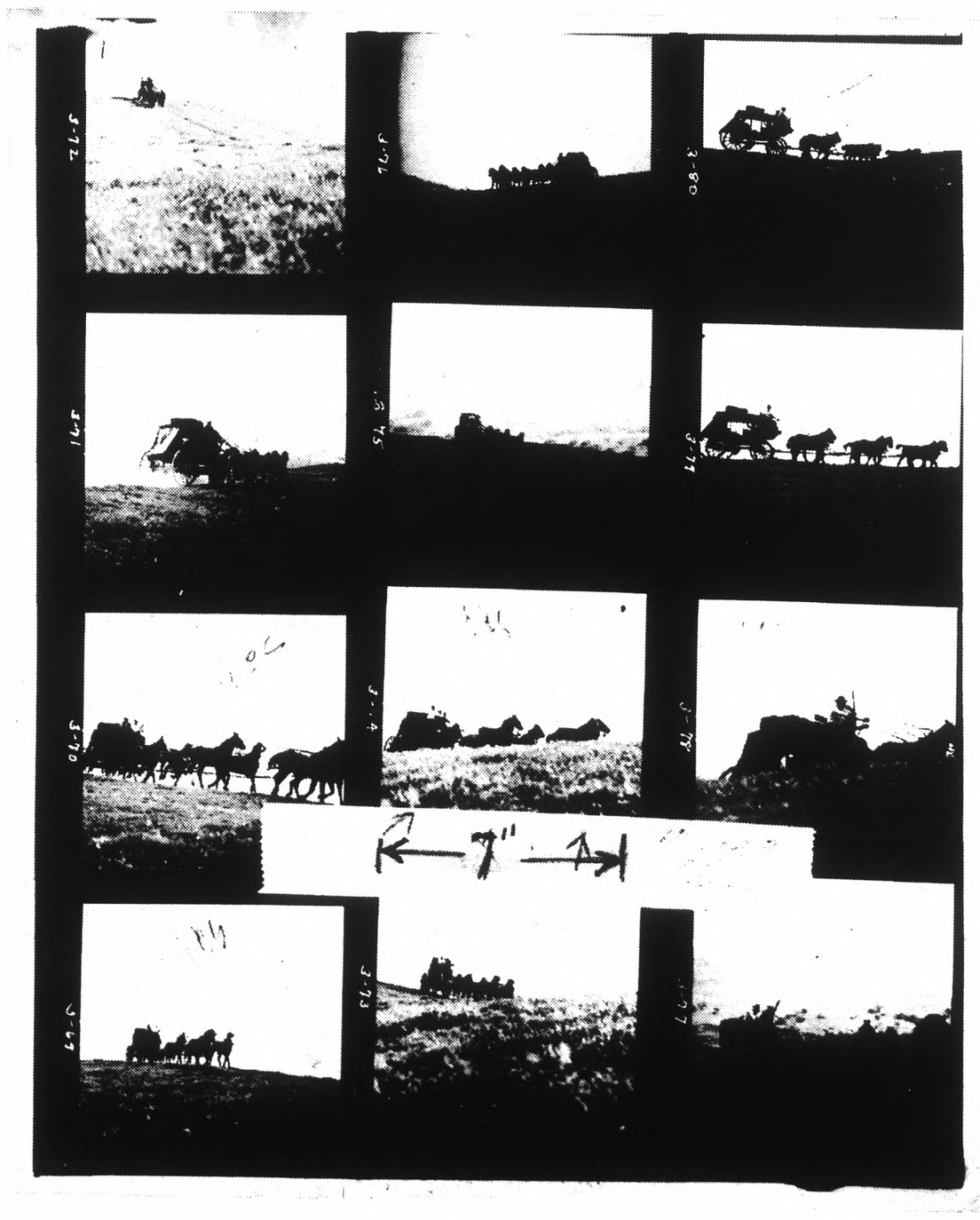
(And here are a dozen pictures of our stagecoach so you won't forget who paid for this ad.)



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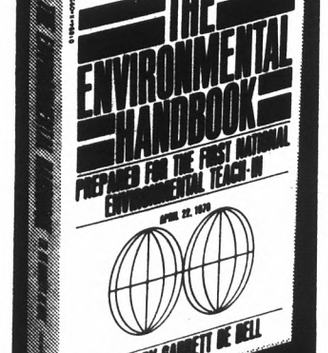
Survival in the Seventies Depends Upon Your Being Informed



On April 22nd the first National Environmental Teach-In will be held at colleges and universities across the nation. If you're asking yourself **what can I do,** THE ENVIRONMENTAL HANDBOOK will serve as a source of ideas and tactics.

Other related titles:

THE POPULATION BOMB by Dr. Paul R. Ehrlich (95c)
THE FRAIL OCEAN by Wesley Marx (95c)
MOMENT IN THE SUN by Leona & Robert Rienow (95c)
S/S·T and Sonic Boom Handbook by William R. Shurcliff (95c)
PERILS OF THE PEACEFUL ATOM: The Myth of Safe Nuclear Power Plants by Richard Curtis & Elizabeth Hogan ($1.25)

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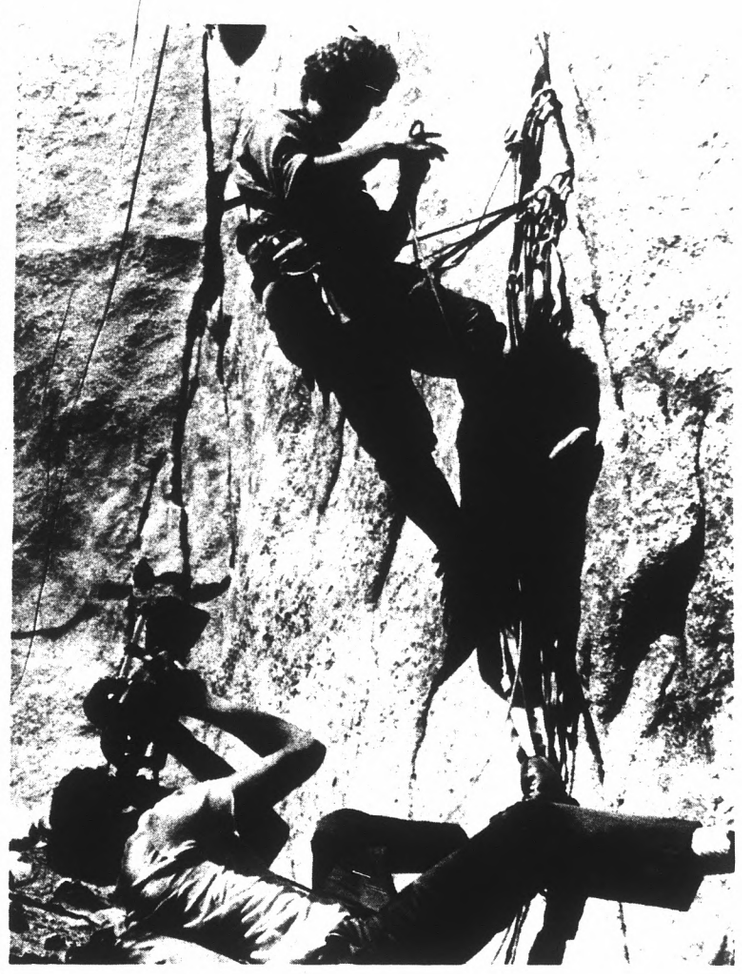


Top: Fred Padula shoots Lito Tejada-Flores descending in slings.
Bottom: Lito Tejada-Flores (L), and Dick McCracken relax and read comic books as they take a break from climbing.

Perils of making a feature film

By Dan Giesin

A man in an orange sweatshirt and brown cords answers the knock on the garage door.

"Welcome to the studio with the largest door in the city," the bearded man says with a grin.

Once inside, the visitor is ushered into a small room to the left of the carport. This room in a Sunset District home comprises the studio of Padula Corp., a new firm working on its first feature length film.

Fred Padula, co-owner of the corporation and a part time SF State film instructor, is currently in the process of editing the picture. He describes it as a "contemporary adventure of three young men. . .in an ascent of Yosemite's El Capitan."

"Slack. . .Slack. . .O.K. . . .Tension," garbled shouts greet the visitor.

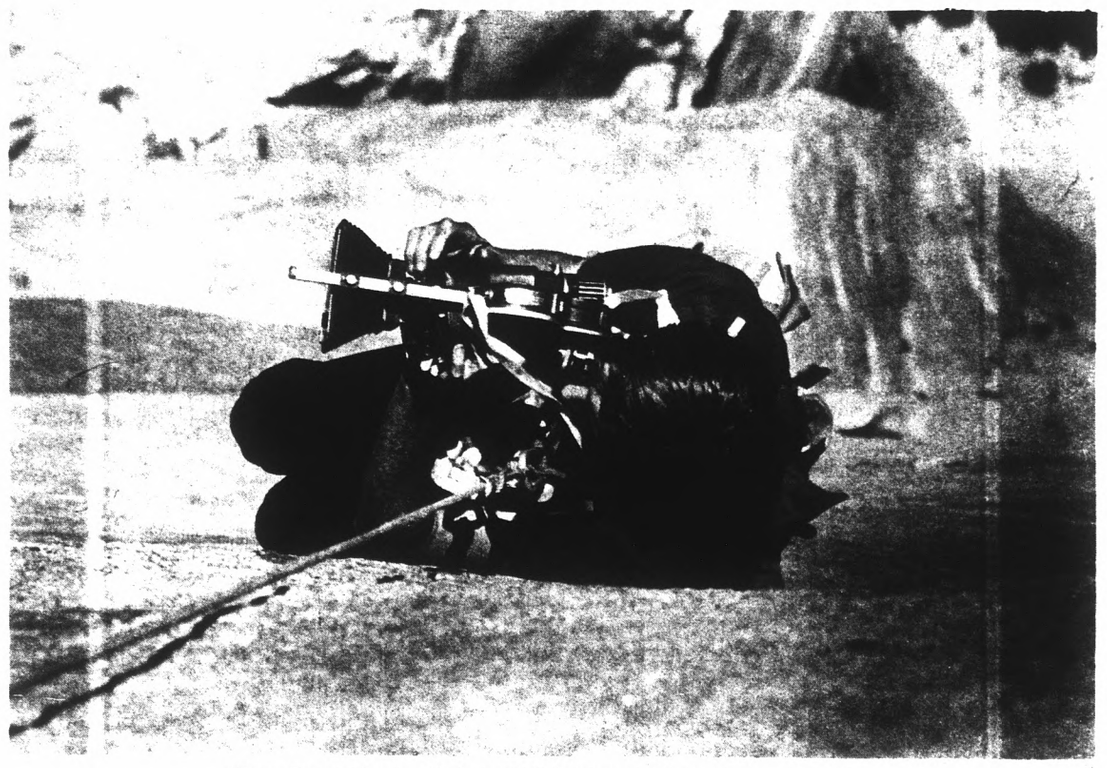
A young female assistant is sitting at a typewriter transcribing voices from a tape recorder.

"Those voices you hear are of the climbers on the actual climb. We used special apparatus to record every word they said—from when they awoke to when they went to sleep," Padula said.

The transmitter and power pack were concealed in a brassiere worn under the shirts of the climbers, with the mike hanging round their necks.

Padula has about 100 hours of sound recorded on 190 rolls of magnetic tape.

"We shot 15 hours of actual climbing and 10 hours of the climbers' personal lives and related scenes," Padula said.



Glenn Denny shoots climbers 1500 feet up on El Capitan in Yosemite.

Although the film itself will be concerned with the three days of the climb, the crew spent over six weeks in Yosemite.

"We got there about the middle of May, 1968, and finally finished filming at the end of June."

"The three guys – Dave Mc Cracken, Lito Tajada-Flores, and Gary Colliver—would climb the same area two or three times before going on to the next. We wanted to get more than one shot of each section of the climb," Padula said.

Glen Denny, co-producer and well known climber, photographed the climbing sequences on El Capitan. He went up on the wall with the climbers, lugging cameras and climbing gear.

"The climb itself was tough and demanding, but Glen's job was doubly so having to both climb and shoot the film," Padula said.

Padula, a non-climber, met Denny in a film class at SF State. They got to talking about the potential of such a project as filming a climb.

"We thought that the cost for a short featurette would be approximately $3,000, but when we finally decided to extend the viewing time to an hour, the estimate was somewhere around $12,000," Padula said.

Still later, it was decided to make the film a Hollywood feature—an hour and a half long.

The corporation raised the money from friends, a grant from the American Film Institute and about $12,000 from a third party.

However, when half of the filming was done, the money began to run low. The corporation knew it would need more than the originally estimated $36,000.

Denny and Padula got the film and tapes they needed on credit and finished the project. But they still owe a good sum of money.

"We are currently selling shares in the company at $2,500 for one per cent of the company. We figure we will have enough to cover our debts," Padula said.

After box office receipts and television, Padula Corp. could make up to four or five times the amount invested.

"After all, 'Easy Rider', which like our film is adventuresome and directed towards a young audience—cost $250,000 to shoot and is grossing in the millions at the box office," Padula said. "We hope to do the same thing."

News Briefs

Thursday, Feb. 19

Today and tomorrow are the last days of the Survival Faire at San Jose State College. The theme is "Trips to the Future," and participants are able to see, hear and smell man's future environment.

Friday, Feb. 20

Sir Steven Runciman, an authority on medieval and Byzantine history, will lecture on "The Decline of the Crusading Ideal" at 2 p.m. in HLL 135.

*

San Jose State College Survival Faire highlight: the burying of a 1970 car.

*

Last day to apply for June graduation or teaching credential and graduate admission for the fall semester. For the degree, apply at the Registrar's Office, Adm 156; for the credential, at the Credentials Office, Ed 216; and for graduate standing, at the Admissions Office, Adm 160.

A graduating senior becomes ineligible as a continuing student unless an application for graduate admission is filed.

*

International Association of Students in Economics and Business will show films from 7 to 9 p.m. in HLL 135.

*

Unified Students ("to build a better man in a better society") will meet in BSS 126 from 12 to 1 p.m.

*

Young Socialist Alliance (YSA) will meet at the Speakers' Platform at noon.

Saturday, Feb. 21

New Mobilization Committee rally. A solidarity conference will be held at Everett Junior High School, Church and 17th Streets. There will also be workshops.

Tuesday, Feb. 24

The Activities Fair on the Commons lawn. It features displays and recruiting drives by various student organizations and clubs.

*

The "Arizona" rock group will play at the Speakers' Platform from noon to 2 p.m.

Wednesday, Feb. 25

The Poetry Center presents poet Robert Creeley at 2 p.m. in Knuth Hall, Creative Arts. Admission is free.

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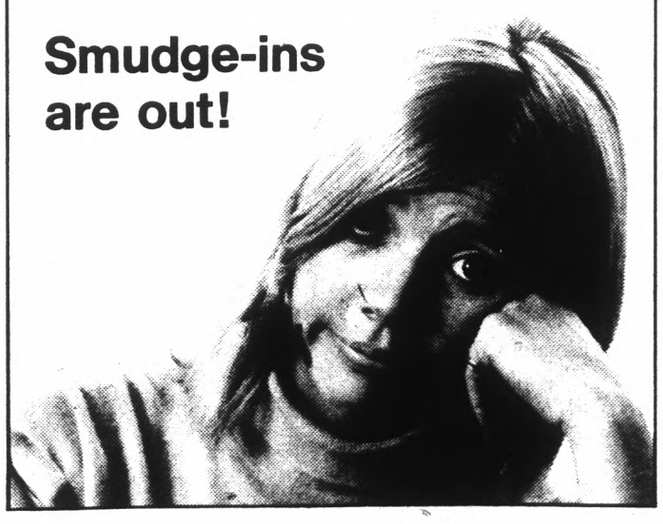

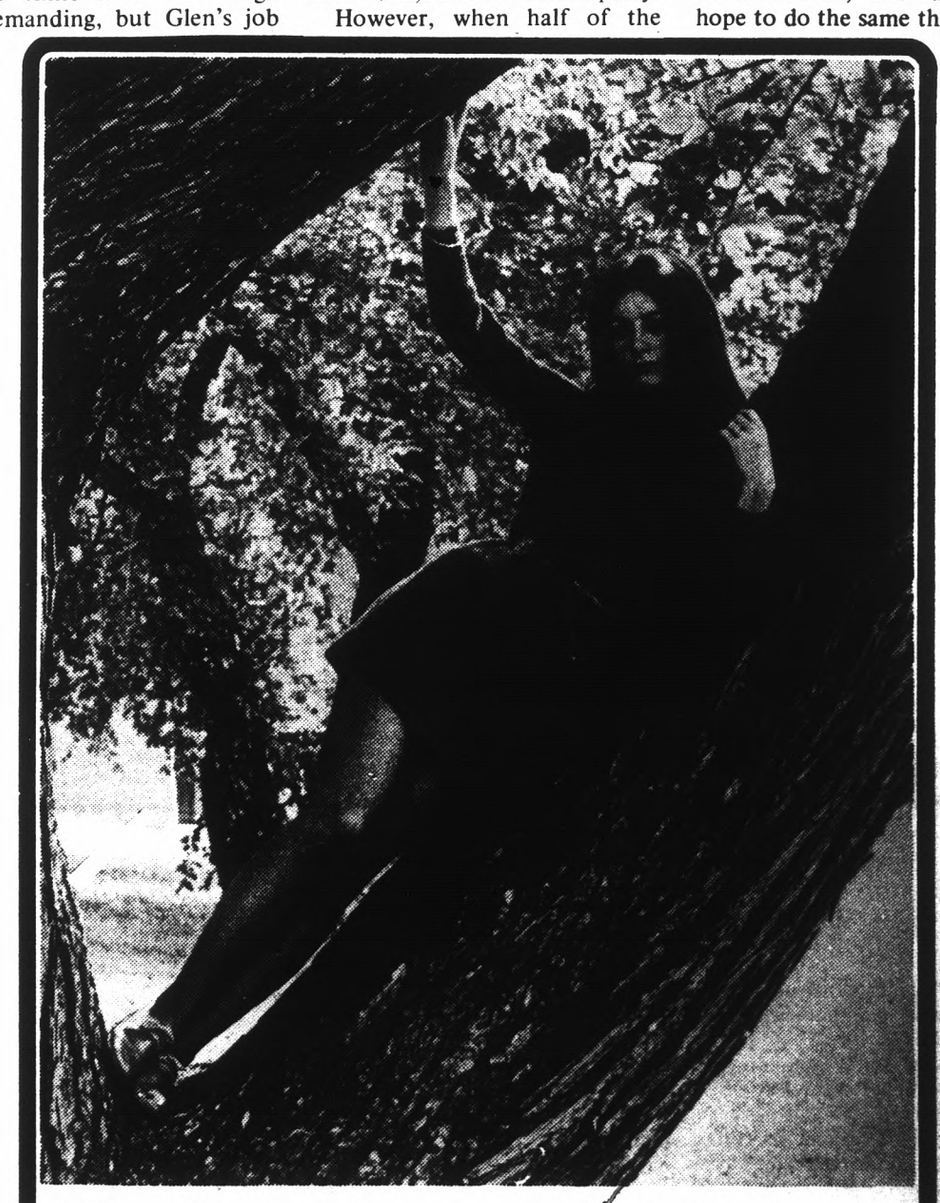

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Higher (costs) education

By Louise Cook
Associated Press Writer

Ten years ago it cost $2,300 to ttend Yale University for one year. This year it costs $3,600. Next year it will cost $3,900.

The figures represent an increase of almost 70 per cent. They include only tuition and room and board, no books or incidental living expenses and they tell a story being repeated on college campuses across the country.

An Associated Press survey showed the rising prices affected public and private universities, large and small schools, all faced with inflation and generally higher education costs.

At New York University, tuition alone has risen about 42 per cent in the past eight years and will go up another $175 to $2,450 a year next September.

Increases Vary

The increases vary from a few dollars to several hundred. Officials blame the boosts on higher salaries for teachers, rising construction costs, general inflation, need for new equipment, more expensive housing and cutbacks in federal aid.

"The cost of education is getting more expensive all the time," said a spokesman for Brigham Young University, a Provo, Utah school operated by the Church of Jesus Christ of the Latter-day Saints.

Iowa State University in Ames, a state - owned and operated school, raised tuition $75 per quarter to $200 per quarter last fall. Room and board, now $810 for a normal academic year of three quarters, will increase about $40 per quarter next fall.

An I.S.U. official said the increases were necessary because of a lack of funds appropriated by the state legislature coupled with inflation. "It costs more to operate the same scientific equipment this year, not to mention buying new lab equipment, than it did last year, simply because of inflation," he said.

Some schools try to ease the burden of guaranteeing that even if there is a rate hike during the student's four years in college, he will pay no more than it cost when he entered.

Northwestern University in Evanston, Ill., is increasing tuition by $165 from $210 to $375 next fall, raising rates for freshmen and sophomores and first- and second-year students at medical and dental schools to $2,400 a year. The increase will not apply to juniors and seniors, protected under a guaranteed tuition system instituted in 1967.

Harvard University and its sister school Radcliffe College, tried to limit increases to one every four years so each student would face only one tuition jump, a spokesman said. "But," he added, "I'm not too sure we'll be able to maintain that."

Scholarships Raised

Almost all the schools surveyed said they tried to raise scholarship aid in proportion to fee increases.

"We do everything possible to keep aided students," said a spokesman for Stanford University. "No one is turned away because of financial hardship."

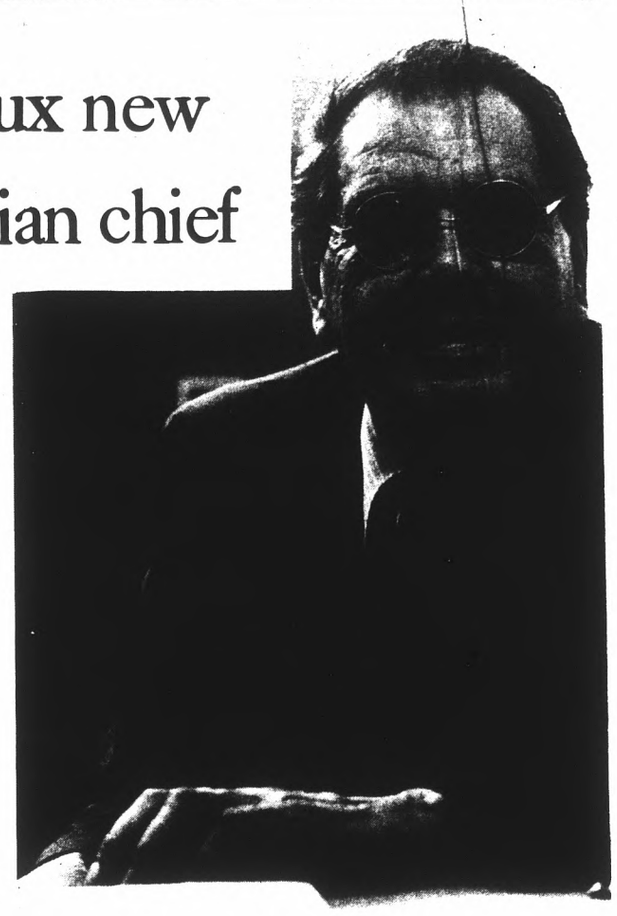
Tuition for three academic quarters at Stanford will go from $2,145 to $2400 next fall. A spokesman said the increase "is to keep Stanford's tuition in line with other comparable universities."

CREATIVE ARTS

calendar

DRAMA "Idyll Me"	Thursday thru Saturday, February 19, 20, 21 Little Theatre All seats $1.50	
MUSIC Student Recital	Friday, February 20 Knuth Hall No charge	
ART Stitchery and Tie dye exhibit	continuous showing A & I 201 No charge	

Sioux new Indian chief



Tom Claymore, a Sioux Indian, has been appointed chairman of the Native American Studies Department at SF State.

Claymore has been the director of the community action program for the San Carlos Apache tribe in San Carlos, Ariz. for the past year and a half. He was also the director of the Head Start program on the Crow Creek and Lower Brule reservations in South Dakota.

Claymore, a tall and soft-spoken man, declined to comment or make any predictions about his department. He said he would prefer to wait and make announcements later.

Claymore has also actively worked with Organizations for Economic Opportunity in South Dakota and Arizona.

THE FREDERIC BURK FOUNDATION FOR EDUCATION

REPORT ON EXAMINATION OF FINANCIAL STATEMENTS

for the year ended June 30, 1969

The following is a correction of the statement printed in the February 12th, 1970 issue.

LYBRAND, ROSS BROS. & MONTGOMERY
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Board of Governors
The Frederic Burk Foundation
for Education
San Francisco, California

We have examined the balance sheet of The Frederic Burk Foundation for Education as of June 30, 1969 and the related statement of changes in funds for the year then ended. Our examination was made in accordance with generally accepted auditing standards, and accordingly included such tests of the accounting records and such other auditing procedures as we considered necessary in the circumstances. It was not practicable to confirm by direct correspondence receivables for grants and contracts as to which we satisfied ourselves by means of other auditing procedures.

In our opinion, subject to the possible effect of final resolution of the contingent matters referred to in Note 1 to the financial statements, the accompanying financial statements present fairly the financial position of The Frederic Burk Foundation for Education at June 30, 1969 and the changes in its fund balances for the year then ended, in conformity with generally accepted accounting principles applied on a basis consistent with that of the previous year.

Lybrand, Ross Bros. & Montgomery

August 13, 1969

THE FREDERIC BURK FOUNDATION FOR EDUCATION
BALANCE SHEET, June 30, 1969

ASSETS	General Fund	Restricted Fund	Endowment Fund	Plant Fund
Cash:				
On hand and demand deposits	$ 2,494	$ 72,172	$10,000	
Saving and time deposits (interest bearing)	475,803	220,000	65,822	
Receivables:				
Grants and contracts — billed, $71,009; unbilled, $217,496		288,505		
Other	2,380			
Advances for travel and other costs		28,429		
Investments in common stocks, at cost (market quotation, $12,500)			24,000	
Property, plant and equipment, principally at cost (Note 2)				$112,863
	$480,677	$609,106	$99,822	$112,863
LIABILITIES AND FUNDS				
Accounts payable and accrued expenses	22,650	65,113		
Allowance for sponsors' disallowances of costs (Note 1)	148,395			
Funds:				
Unexpended funds for sponsored projects		532,073		
Unexpended appropriations, designated for specific purposes		11,920		
Funds reserved for working capital (Note 3)	309,632			
Principal of funds			99,822	112,863
	$480,677	$609,106	$99,822	$112,863

THE FREDERIC BURK FOUNDATION FOR EDUCATION
STATEMENT OF CHANGES IN FUNDS
for the year ended June 30, 1969

	General Fund	Restricted Fund	Endowment Fund	Plant Fund
Balance, July 1, 1968	$235,650	$ 779,905	$99,822	$110,860
Additions:				
Contracts and grants		3,479,244		
Indirect cost reimbursements — federal, $268,850; nonfederal, $67,853	336,703			
Indirect cost reimbursements — prior year — federal, $91,501; nonfederal, $1,044	92,545			
Fees for project administration — federal, $63,669; nonfederal, $35,953	99,622			
Interest income	38,899			
Endowment income		4,534		
Other	12,982			
Appropriations from general funds for specific purposes	(31,154)	29,033		2,121
Other interfund transfers	25,346	(25,346)		
	574,943	3,487,465		2,121
Deductions:				
Central office — salaries and related costs, $255,888; general and administrative expenses, $74,730	330,618			
San Francisco State College expenses (Note 4)	56,169			
Expenditures in support of sponsored projects (Note 4)	14,174			
Expenditures for sponsored project activities (Note 4)		3,723,377		
Addition to allowance for sponsors' disallowances of costs (Note 1)	100,000			
Plant assets retired				118
	500,961	3,723,377		118
Balance, June 30, 1969	$309,632	$ 543,993	$99,822	$112,863

THE FREDERIC BURK FOUNDATION FOR EDUCATION
NOTES TO FINANCIAL STATEMENTS

1. Costs reimbursed under numerous grants and contracts are subject to audit by their sponsors, principally, the United States Government. Through June 30, 1969, approximately $12,000,000 expended under grants and contracts has not yet been examined or reported upon by the sponsors' auditors.

   The allowance for sponsors' disallowances of costs of $148,395 covers possible sponsors' disallowances and other matters relating to the validation of project expenditures.

   It is not possible to make a determination as to the effect upon the financial position of the Foundation as of June 30, 1969 regarding the final resolution of the above-mentioned contingent matters.

   The June 30, 1969 balances of the plant division assets are comprised as follows:

Land, approximate market value date of gift	$ 8,040
Leasehold improvements acquired by expenditures of funds obtained by bequest, at cost	44,994
Office furniture, fixtures and equipment acquired by expenditures of unrestricted funds, at cost	59,829
	$112,863

   Equipment acquired by expenditure of grants and contract funds is not included in the plant division asset balances.

3. The Governing Board has adopted a policy of providing a reserve for working capital equal to the annual general fund budget which is $390,000 for fiscal year 1969-70. Funds of $309,632 have been reserved for this purpose.

4. The Frederic Burk Foundation for Education is a nonprofit auxiliary organization of San Francisco State College.
   During the year the following funds were expended on behalf of the College:

San Francisco State College	$56,169
Expenditures in support of sponsored projects	14,174
Cost sharing (appropriated $24,169 included in expenditures for sponsored project activities	23,350
	$93,693

Published in compliance with Section 24054 of the Education Code of the State of California

Out of my head

Let the girls carry the ball

By Otto Bos

Sports are symbolic of the "inferior woman" role ingrained in American society.

The unfeminity of girls participating in sports is instilled at an early age. The myth begins in the cradle and usually ends in a busy kitchen.

The Fun Ends

The tomboy is given a few precious young years of fun before she trades her tennis shoes for a trainer bra. Activity for girls is quietly stiffled and replaced by a capitulation to male superiority.

I'm prejudiced. I was raised in an European family where girls compete in sports as actively as boys.

My sister was considered the best highjumper in the West in 1959. She also competed in the hurdles. Not bad for a girl who finished runner-up in the Miss Michigan contest.

Oddball Girls

But here the girl who wishes to participate in sports is quickly labelled an oddball. Most succumb quickly to social pressures.

Heaven forbid if a woman should be known to sweat. The popular sentiment is athletic women are unattractive—that they look and act like shot putters (bulging muscles and probably Lesbian). Women in physical education are casually hidden under a hygiene and health label.

I challenge anyone to find an article on woman in sports in the Readers Guide. I found only 5 texts on sports and woman in the library. All implied that the role of women should be confined to elementary school instruction. Why not? The textbook is written by men, for men.

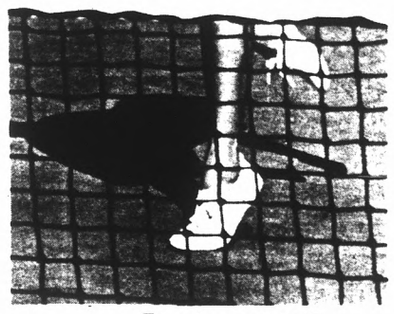
Inflated Egos

Or there is the dating game. Stay ignorant about sports so your date can inflate his ego by posing as an expert as to what is happening. Who has ever heard of a girl going to a game by herself?

The scorebook should be set straight. Sports are not the exclusive domain of men. Athletic activity is good for women as well as men. The Southern belle mystique attached to the women that do nothing and are thus feminine must be declared a phony deal.

Physical activity is beneficial. It is good for health. Most women can't run more than a city block. Asked to stretch a leg most would double over with muscle cramps.

It's your ball game ladies.



Tennis, anyone?

scorecard

Basketball

Chico State	80	SFS	74
UC Davis	76	SFS	65
Gymnastics			
UC Santa Barbara	143.9	SFS	101.5
San Diego State	112.7	SFS	101.5
LA State	134.45	SFS	90.8
Wrestling			
SFS	28	Hayward	6

tilts on tap

Basketball

Feb 20	SFS	vs	Presidio 7:30
Feb 21	SFS	vs	Sac. State 8:15
Feb 24	SFS	vs	Portland U 8:15

The basketballing Gators will battle an all-Army team from the Presidio Friday night, February 20. A game with the alumni had originally been scheduled for 8:15.

SF State versus the Army will start at 7:30.

Wrestling

Feb 25	SFS (JV)	vs	Skyline 2:30
Feb 26	SFS	vs	Stanford 2:30

Swimming

Feb 26	SFS	vs	USF 3:30

Sports: the other sex

Games women play

By George Bremner and Bill Fox

The aversion to sweat in girl sports activities is on the downside at SF State and physical fitness is in vogue, according to Dr. Eula West of the Woman P. E. Department.

The female has ulterior motives, however. The idea is to lure men with their "fantastic" bodies, Dr. West said.

The Physical Education department features a Women's Athletic League offering many popular team sports. But for the contemporary SF State coed, wearing tattered jeans and a T-shirt, discus throwing, running or swimming is pretty much taboo, according to Dr. West.

Health Studios

The activities appealing most to females on campus are folk dancing, ballet, tennis, badminton and lately karate. After school activity is usually confined to a Jack LaLanne health studio.

Dr. West believes women have gone through some vast changes in the last 50 years concerning fitness. She predicts a more active woman in the future. But the great problem behind female athletics is a social stigma of nonfemininity of the female athlete, says Bob Lualhati, Track and Self-Defense coach.

"In Europe," Lualhati said, "Men and women competitors are treated alike, thus there is a more enthusiastic atmosphere for women to compete."

In swimming the prime age of girl swimmers is 13. After this teen peak is reached the girl either retires or rapidly loses interest. Lualhati believes they lose competitiveness because of the sudden discovery of womanhood. "They'll think guys won't go out with them because they might beat men," Lualhati said.

Press Image

The female athlete has an image problem too. Tom Fahey, an All-American discus thrower, believes women fear the looks of such 'heavies' as Tamara Press, the fabled Russian shot putter. Miss Press weighed a robust 225 pounds and instead of nesting a brood of children threw an iron ball 61 feet. "Girls just don't want this lady jock image," Fahey said.

As a result girls have usually avoided physical activity at all cost. Femininity and development of muscles has capitulated to the queen of female sports, the diet.

"Trimness is in vogue and girls want to maintain their youthful trim," Dr. West said, "and they'll do a lot to accomplish it."

The medical dictionary tells of scores of pregnant women with back troubles. Due to lack of physical activity the back muscles have sagged. A harsh payment for having been 'belles at high school balls.'

Weak Thighs

The same book reports American women with the weakest thighs in the world. Courses like fencing and karate put girls through physical agony because of lack of leg development.

Flab is the lot for lady legs. In vain they turn to dietary cookies, pills and cranks for aid.

But a new wave of female thought in sports is arising. Bonnie Lee, a PE minor is enrolled in a Self-Defense course. "I'm in it for the fun," she said.

The attractive Miss Lee, 23, likes the physical workout of the class. "There are few things as important as good exercise," she said with a mild sweat.

Treat the Same

The self defense course treats women the same as men. The action becomes rough and tough sometimes. Many a tumble takes place, with the gals ending up on the floormats as well as the men. Very few of the male-female courtesies are extended in this class, PE 62.

Courses like Self-Defense are a rarity however. Most girls confine their activity to rock dancing, bowling or horseback riding.

The sporting world for women, once out of school, becomes largely confined to a few minutes escaping the kitchen sink. There are no records kept of women sports past age 30.

Or is the contemporary woman changing? As Coach Lualhati said: "A guy wants a girl who is healthy. The kind that can play with the kids and be energetic. Besides I keep thinking of the great legs Wilma Rudolph had."

BLACK AND BROWN STUDENTS

UCLA's Graduate School of Business Administration

will be interviewing prospective students

Friday, Feb. 20 (9 a.m.-5 p.m.)

At the Placement Office

to discuss the MBA, MS, and PhD programs offered at the school.

We are interested in speaking with students from all departments and major fields of study. Various programs are available for students with technical and non-technical backgrounds. Some funds are available for students in financial need.

For further information contact the Placement Office.

Food for fun

Soviet sun seed secret

By Joe De Loach

One of the mysteries of the modern sports world is the way the Soviet Union has come to be a consistent winner in every phase of amateur competition.

In less time than it takes to throw a football across Lenin Square, the Russians, who place little emphasis on competitive sports in schools, have dominated the last few Olympics.

Their secret of athletic success is nutrition. Whenever they compete, the Russians bring their own food with them.

When asked what the training diet consists of, they change the subject. The coaches and trainers refuse to discuss it. Occasionally, though, an individual athlete will make friends with people from other countries and divulge the secret.

So, what is this wonder food?

Would you believe: sunflower seeds...

First of all, the seeds are high-energy food. Nearly 50 per cent of their weight is poly-unsaturated oil, the kind that improves the cholesterol situation in the blood stream, keeps the arteries soft and flexible, and is able to carry huge volumes of blood without strain. Additionally, sunflower seeds provide as much energy as butter, cocoa or any of the dangerous fats.

Athletes need high-energy foods that store a lot of calories into a small volume. Health food experts tell us it is wiser to stay away from the high-energy but dangerous solid fats we get from fatty meats and chocolate bars.

Sunflower seeds make an excellent substitute. They are easy to carry around and munch, and they supply, in proportion to their weight, an almost unbelievable amount of energy value.

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The Jade East manifesto. Its aim: to bring men and women all over the world closer together.

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Just put some Jade East on your face and neck. And anywhere else. If you've got a girlfriend, take her out as planned. If you're seeing a few girls, do whatever it is you're doing.

Now comes the best part. Since all girls are different, all reactions will be different. Some will be aggressive. Others, submissive. But whether our policy leads to final agreement or not, one thing's for sure.

The negotiations alone will be worth the price.

Jade East
Make love, not war.

Jade East After Shave and Cologne.

More budget tightening

(Continued from Front Page)

The $314 million state college budget is $21.6 million less than the college trustees had asked.

Reagan maintains that his budget keeps up with both enrollment increases and inflation.

Construction Funds

Both the state colleges and UC also had their requests for construction funds cut.

The State College Board of Trustees requested $110.9 million in construction money in 1970-71, but only $34.8 million was allotted in Reagan's budget.

UC officials said the university needed $83.6 million for new construction next year but it is slated to receive only $16 million.

Glenn S. Dumke, state college chancellor said Reagan's budget "generally provides the California State College system with a continuation of the existing level of support," but added that "it does not provide for the improved quality of the academic program."

Critical Space Problem

Dumke said the lack of sufficient construction funds will lead to a critical space problem in about two years.

Most of the increase in state college funds will be used to hire 1,140 faculty members, and to accommodate an anticipated increase of 17,200 full time students.

State colleges project an enrollment of 198,015 full time students by 1971.

Funds for year-round operations in the state college system are reduced in the 1970-71 budget. State College officials believe that the four campuses now on year-round operations will phase out their summer session by 1971.

The colleges now maintaining year-round operations are San Luis Obispo State, Cal State-Los Angeles, Cal State-Hayward and Pomona State.

Year-round operations will be phased out of the entire state college system by 1971.

There is no deadline for passing the state budget. However, the state fiscal year ends June 30, and most budgets are passed by then.

Students against cuts

(Continued from Front Page)

Legislature asking for more EOP funds and for revisions in the Harmer Act. The Harmer Act specifies how EOP students are selected.

Edwards said if Reagan does cut the program's budget the number of EOP students at SF State will decline, but it is too early to say by how much. Nearly 700 students are attending SF State under EOP this semester.

Applications accepted

Charles Stone, dean of admissions, said applications are now being accepted for new EOP students. He said he would have to wait for figures from the chancellor's office before he knows how many EOP students can be admitted.

Stone said if the appropriation is vetoed by Reagan, new EOP students could be admitted here without any state funds, as was done in fall 1968. These students would probably not receive any tutoring or grants. Stone cautioned, however, that the chancellor theoretically could tell him not to admit any new EOP students at all.

William Schuyler, assistant to Vice President for Academic Affairs Donald Garrity, said SF State would have difficulty in admitting new EOP students if the $1.6 item is vetoed.

"We cannot constantly stretch the whole college's capacity to maintain one or two programs," Schuyler said.

Walter Edwards said the idea of organizing the EOP Mobilization Committee started when Reginald Major, SF State EOP director, asked him if it was possible to get a statewide group going.

So far, the committee has met with EOP students from at least five other state colleges, two junior colleges and two branches of the University of California. It also plans to ask the public for help, Edwards said.

"We will be taking this as a political issue. We hope to begin in March. Somebody will feel the consequences of what we do," Edwards said.

"Right now our basic need is bodies. We can't abandon EOP because of lack of money," Edwards said.

Edwards said any interested student can go to the EOP office in Ad 168 and leave his name, address and phone.

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1. Only personal classifieds will be accepted.
2. Ads may be of any reasonable length.
3. Ads automatically run once. If you want an ad to run the following week, another form must be filled out.
4. All ads must be submitted on the Phoenix Want Ad form, available in the Phoenix office.
5. Free ads are a service to our readers. The commercial rate will apply to any ad from which a person derives a significant portion of his income.
6. Ads received after Tuesday noon deadline will automatically be run the following week.

Bette Davis films dating to 1940's. Call Gary at 587-8142. Other film material also for sale.

'59 TR-3, Rebuilt engine, new muffler, hard & conv. top. Offer. 467-2849.

Dave Bundy: Come home. We miss you.

1965 MGB convertible. Good condition. 54,000 miles. Abarth exhaust. Pirelli tires. Wires. $1300. Call 522-2767.

For sale: V. W. Kombi seats middle & back never used. Fits 68-69-70 V.W. Kombi. $45. each. C. Ruel. 992-1426

For sale: Bushnell binoculars, $35 (retail $50) or best offer. Ila, 863-3263.

Private room and board in exchange for evening sitting and dinner dishes. Call BA 1-4436.

Ghost writers in the sky: Papers by grads on humanities, soc. sci., related subjects. Reasonable. 365-4936.

For sale: Buffet tenor clarinet. Excellent condition. $250 or best offer by end of March. Ila. 863-3263.

For sale: Race car formula "B" completely rebuilt with trailer. $1500 –offer. Will take street car in trade. LA 4-4758.

For sale: 1966 MGB-GT. New paint job–yellow. Excellent interior & exterior. Best offer. Student teaching; can't afford the luxury.

For sale: 1962 Corvair bus. Radio. 4 speed. Good shape. About $500. Phone Mike: 731-9344.

For sale: 1967 Lambretta 150 cc. A-1 condition and accessories. only 3,000 miles. Must sell. $200/best offer. Tel: 731-5619 evenings.

'59 VW sedan. Sun roof. No engine. Good trans. $65 or offer. 383-0626.

Room needed: Looking to share with people oriented toward spiritual growth. Can pay up to $40/mo. Leave message for Daniel. 863-7546.

BEEF–choice, $.79 a lb. In quarter or sides of beef. Delivered from our ranch in Mendocino County to your home or neighborhood locker; cut, wrapped, and frozen. California Agrarian League, 525-5425 or (707)-263-6402.

Reward! $50.00 reward and no questions asked for the return of the red Alfa ripped off Feb. 10 from school. 566-2451.

LAND IN MENDOCINO COUNTY. Well endowed by nature–redwoods, deer, views, air, water. $700-$800 per acre, 5- and 10-acre sections. Liberal credit. 10% down, low monthly payments. California Agrarian League, 525-5425 or (707)-263-6402.

Lucille Birbaum is alright.

I need a used refrigerator. Call Cindy for me at 469-3189 or visit my alley at 257A Hickory after 10p.m.

Wanted: Stereo phonograph in good condition; also girl's 3 speed bicycle. 664-2235.

Rider wanted to share expenses from Oakland (Lake Merritt area) daily to SFSC. 451-5259.

Wanted: Girls 3-speed bicycle or motor bike. 864-2827.

Motorcycle tuneup and repair. Honda factory-trained mechanic; all work guaranteed, 40% discount to students. James, 561-5290.

Sell me your old firm double bed. It can be bigger than double but must be firm. Call Rick. 387-5520.

For sale: His and hers chairs with matching lamp. Call 731-9311.

For sale: Chain saw. 585-1030.

For sale: '52 Chevy pk.-up with camper. Runs good. 4 spd. $350. 585-1030.

UNCLASSIFIED ADS

Tutor: Prefessional tutor in Russian and Italian. Call LO 4-6643.

Ride wanted to SFS T-Th mornings in time for 9:30 class–from Oakland Ave., Oakland. Call 652-7925.

Electric potters wheel for sale. Large working batt. Completely variable speed. Table model with sink. $150. Call 431-5719.

Ride wanted to SFS every morning for 9:00 class from Masonic St. nr. Golden Gate Park Panhandle. Call Jon, 668-9198.

Hundreds classical records, good books (private library). Very low prices. Ila, 863-3263.

Anyone who witnessed the macing of 2 Doberman & a St. Bernard & the arrest of Jon Cleveland on the strike picket line last Jan. 9, 1969, please contact Jon Cleveland, 346-4552.

Post-mortems free. Gieb, Lieb, and Wirt.

Bronica S2 135 mm lens eye level prism. Rarely use. Retail $900. Asking $600. Call Wiley 664-7435 or 731-7391.

Join independent campus women.

For sale: Tire chains, 7.60-15. 469-2049.

For sale: 1966 BSA Vic. Excell. cond. $450. 585-1030.

EUROPE CHARTER FLIGHTS summer–fall. Departing from San Francisco. Roundtrips to London only $275. One-way to London only $99. UNCA charters, (415) 845-7800, 2119 Addison St. (Apt. 4), Berkeley. All money is held in a bank trust fund.

8th annual Europe charters. Spring–Summer flights: $270-$325 round-trip, $150 one-way. Coordinator: Professor Frank Paal, 247 Roycroft, Long Beach 90803. 438-2179.

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Three roommates need fourth. Own room. House by beach. Female only. Call 681-8364.

Needed: Roommate. Potrero Hill apt. own room. Washer-dryer, view. Share with bearded ex-GI student. $90. 621-1185

For sale: 1969 Bultaco. 250 c.c. ex. con. 585-1030. $600.

Wanted: Discussion with alert San Francisco coed who contacted city engineers regarding new Franklin Street lane markings. Phone collect Tucker (415) 961-6630.

Desperately need someone to take my child to school M-F. Hours 7-8 a.m. Pay $5 per wk. plus bus fare or gas money. Call 731-6358 eves.

1963 Rambler 6-cyl. 4-door sedan stick. $275 or offer. Call early mornings 665-1845, Hassan.

For sale: Lambretta motor scooter. $75. 664-7482, John.

For rent: Ski cabin at Heavenly Valley. Sleeps 6. $40 per weekend, $90 per week. Russell C. Cox, 392-5751 days, 664-0980 eves.

Discover The Open Cell: new fiction and poetry. 7 issues $1. P.O. Box 52, Berkeley. Monthly literary tabloid. Writers welcome.

Graflex 16mm sound movie projector for sale. Have two, must sell one. Only 7 mos. old. $425. 469-2083, ask for Dave.

Surfers! 12-ft. board in good condition for sale. $60 and worth it. Chuck, 673-9445. First taker.

Self-exploration and expression group through sensitivity training and fabric manipulation. 626-3876, leave name and number for Margot.

Human experience groups. Work toward more from your relationships with others/the world. Francis Morneau, evenings 586-3062.

DESPERATE! Need ride to Palo Alto-Stanford area Tuesdays only in afternoon but no later than 5 or 5:30. Will pay. 469-1689 days or 387-6693 eves.

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HOW YOU READ TODAY In a word – slowly. And there is one primary reason – the fact that you enunciate each word to yourself. When you were learning to read in class – you had to read aloud, so that your teacher would know whether or not your were understanding the lesson. From this, you developed the habit of saying each word to yourself – even when you subsequently began to read silently.

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